

# TRAINING

# SNORING AND SLEEP APNEA

AN EMERGING PROBLEM FOR DENTISTS

**20<sup>th</sup> February**

**9<sup>th</sup> April / 28<sup>th</sup> May**

**18<sup>th</sup> June / 22<sup>nd</sup> October**

*\*New dates to be published soon*

#### Venue

TRAINING CENTRE  
BTI EDUARDO ANITUA INSTITUTE  
C/ Jacinto Quincoces 39  
01007 Vitoria-Gasteiz (Álava), Spain

#### Course aimed at

Odontologists, stomatologists  
and maxillofacial surgeons.

#### Contact

[info@bti-implant.co.uk](mailto:info@bti-implant.co.uk)

#### Course price

£600\*

*\*Incl. course fee and materials, hotel accommodation 2 night, transfers from and to Bilbao airport, 1 meal and 1 dinner in typical Basque restaurants*



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Sleep APNEA syndrome has been identified as an important health problem related to HTN, cardiovascular and cerebrovascular diseases, and can lead to a reduction of life expectancy in the people that suffer from it. Dentists are the professionals that have the opportunity to detect it the soonest. The aim of this programme is to provide a scientific basis for the professionals interested in this field.

### LECTURERS

#### **Dr Eduardo Anitua**

*Director of the Eduardo Anitua Institute, Basic and Applied Research Institute and the Clinic and Training Centre for Oral Implantology and Regenerative Therapy.  
Scientific Director of BTI (Biotechnology Institute)*

#### **Dr Joaquín Durán**

*Specialist in pulmonology. Expert in sleep disorders.  
Director of the sleep Department of the Eduardo Anitua Clinic.*

### SCIENTIFIC PROGRAMME

#### Basic concepts of snoring and sleep APNEA

- Physiopathology.
- Clinical practice.
- Diagnosis and treatment.

#### The dentist's role in Sleep APNEA.

- Early diagnosis. Patient selection. APNIA, an efficient respiratory polysomnography carried out at home.
- Treatment. Adequate devices available to use.  
What options do I have? Making the APNIA splint step by step.